[Close](http://www.canadasportswear.com/content.asp?Content=3&nametag=Sizing%20Information&LinkID=)

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| **Sizing Information**http://www.canadasportswear.com/ProductImages/sizing.jpg

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| **SIZING CHART GUIDE LINE** | Top of FormBottom of Form |

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|  | **SIZE** | **XS** | **S** | **M** | **L** | **XL** | **2XL** | **3XL** | **4XL** |
|  |
| **ADULT** | **CHEST**  | 34  | 36  | 38-40  | 42-44  | 46  | 48-50  | 52  | 54-56  |
| **WAIST** | 24 | 26-28 | 30-32 | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 |
|  |
| **LADIES** | **CHEST** | 32-33 | 34-35 | 36-37 | 38-39 | 40-41 | 42-43 |  |  |
| **WAIST** | 24-25 | 26-27 | 28-29 | 30-31 | 32-33 | 34-35 |  |  |
|  |
| **YOUTH** | **RANGE** |  | 8 | 10 | 12 | 14 |  |  |  |
| **CHEST** |  | 25 | 28 | 30 | 32 |  |  |  |
| **WAIST**  |  | 24  | 26  | 28  | 30  |  |  |  |

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| --- |
| 1. Chest measurement. Measure approx 1" from your underarm and across the shoulder blades. The women are to measure at the fullest part of their bust.2. Waist measurement. Measure loosely at the middle of your body. Please Note: This is only a guide line to assist our customers when placing an order, however, we strongly recommend that sizing samples are used to get the proper fit for each style. |

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